

Preventive Screening for Adults

Clinical Practice Initiatives

Fallon Health Weinberg-HMO SNP, a Medicare Advantage Special Needs Plan and Fallon Health Weinberg-MLTC, a Managed Long-Term Care plan, both from Fallon Health Weinberg, have endorsed the U.S. Preventive Services Task Force Adult Preventive Care Guidelines. These guidelines can be found at <http://www.fallonweinberg.org/Providers/medical-management/clinical-guidelines.aspx>.

Preventive Patient Education

Fallon Health Weinberg may provide the following educational information to your patients and their caregivers:

- Healthy lifestyle changes including the importance of having routine follow-up visits, taking medication(s) as prescribed, maintaining a healthy diet for weight management, following exercise recommendations, smoking cessation and avoidance of second-hand smoke
- Importance of annual health assessment, including functional status assessment
- Importance of annual blood pressure to screen for hypertension
- Importance of appropriate pharmacologic therapy, along with regular follow-up visits, to support control of high blood pressure
- Importance of annual influenza vaccine
- Importance of pneumococcal vaccines on or after 65th birthday, according to current guidelines
- Importance of herpes zoster and tetanus vaccines, according to current guidelines
- When clinically indicated preventive cancer screenings for: breast and colon with consideration of screening for cervical and skin cancers and lung cancer screening as recommended by the US Preventive Services Task Force guidelines
- One-time Hepatitis C screening for people born between 1945-1965
- Osteoporosis evaluation and management including bone mineral density testing for women
- Consideration of aspirin therapy to prevent cardiovascular disease when appropriate
- Abdominal aortic screening in men with a history of smoking for ages 65-75

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Clinical Indicators

Fallon Health Weinberg may utilize the following indicators to determine the percentage of members who received:

- Annual blood pressure
- Annual influenza vaccine
- Pneumococcal vaccines as recommended
- Herpes zoster vaccine as recommended
- Tetanus vaccine as recommended
- Bone mineral density (BMD) test
- Women ages 65-74 who had mammogram every two years (or more frequently at clinician/patient discretion based on risk factors and patient values regarding benefits/harms), after age 75—discuss benefits and limitations
- Fecal occult blood tests annually, flexible sigmoidoscopy every five years or colonoscopy every 10 years up to age 75, after age 75 discuss benefits and limitations

1-855-665-1112

Monday–Friday, 8:30 a.m.–5:00 p.m.

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